



DUMPLING

PREP TIME: 0 | COOK TIME: 5 MINUTES OR LESS

Filled with Inspiration!



EASY TO PREPARE (PRE-COOKED)

ADAPTABLE TO ALL MENUS

EXCITING FLAVOR PROFILES

MADE IN BROOKLYN, NY

(SEE REVERSE FOR ITEM LIST)



ITEM LIST

PRODUCT CODE	PRODUCT DESCRIPTION	MFG CODE	PACK SIZE
0010652	DUMPLING PORK & NAPA CABBAGE	#261365	7.5 lb (3/50 ct)
0010653	POTSTICKER BERKSHIRE PORK	#261662	7.5 lb (3/50 ct)
0011678	POTSTICKER CHICKEN & LEMONGRASS	#261242	7.5 lb (3/50 ct)
0011706	POTSTICKER EDAMAME- VEGAN	#261587	7.5 lb (3/50 ct)
0010663	POTSTICKER KALE & VEGETABLE - VEGAN	#261730	7.5 lb (3/50 ct)
0010657	DUMPLING PEKING DUCK MINI	#261617	5.76 lb (200 ct)
0010665	POTSTICKER CHICKEN & CILANTRO MINI	#261693	8 lb (400 ct)

COOKING INSTRUCTIONS

PAN SEAR: Add frozen dumplings to a hot pan with $\frac{1}{4}$ cup water. Cover and steam for 2-3 minutes or until water is absorbed. Add 1 tbsp cooking oil and position dumplings on flat side. Cover and cook for 3-4 minutes or until one side is golden brown.

STEAM: Place frozen dumplings on a greased rack or steamer over boiling water. Cover and steam for 10-12 minutes.

DEEP FRY: Add frozen dumplings to hot oil (350-365°F) and fry for 2-3 minutes.

SOUP: Add frozen dumplings to finished soup and simmer for 3 minutes or until hot.

..... Garnish with Scallions

Sauce Suggestions: Soy-Vinegar Sauce, Soy-Ginger Sauce, GoChuDang, Sriracha, Spicy Aioli
(Our dumplings are also great with NO sauce at all!)

• NO ARTIFICIAL FLAVORS • NO TRANS FAT • NO MSG



Metropolitan Meat, Seafood & Poultry Company
301.772.0060 | 800.522.0060 | www.metropoultry.com